

LAURA S. RICHMAN

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Academic Positions

Associate Professor of Social Science and Law George Washington University School of Law	2023 – present
Visiting Professor George Washington University School of Law	2022 – 2023
Core Faculty Duke Margolis Center for Health Policy	2021 – 2023
Associate Professor, Dept. of Population Health Sciences Duke University School of Medicine	2017 – 2022
Faculty Associate of the Duke Initiative for Science & Society	2018 – present
Assistant Professor Psychology & Neuroscience Duke University	2010 - 2017
Assistant Research Professor, Psychology & Neuroscience Duke University	2005 – 2010
Visiting Assistant Professor, Psychology Duke University	2003 – 2005
Research Associate, Dept. of Society, Human Development, and Health Harvard School of Public Health	2001 – 2003
Adjunct Assistant Professor, Psychology Brandeis University	2000 – 2001
Associate Research Scientist New England Research Institutes	1999 – 2000

Education

Postdoctoral Research Fellow in Health Psychology University of California, San Francisco	1997 - 1999
PhD in Psychology University of Virginia, Charlottesville, VA	1997
B.S. in Psychology University of Maryland, College Park, MD	1992

Publications

- Richman, L.S., & Richman, B. D. The Objectives of Medicaid: The Legal Definition Behind America's Most Important Health Program. (*in press* American Journal of Law and Medicine, 2025).
- Richman, L. S. Medina v. Planned Parenthood South Atlantic: *Another Setback to Patients' Rights and Healthcare Access for Vulnerable Populations*, GEO. WASH. L. REV. ON THE DOCKET (July 22, 2025), <https://www.gwlr.org/medina-another-setback-to-patients-rights-and-healthcare-access>.
- Richman, L. S. (2023). *Relational Health: How Social Connection Impacts our Physical and Mental Wellbeing*. Cambridge Press.
- Lattanner, M., Pascoe, E., & Richman, L.S. (2022). Meta-Analysis of Interpersonal Discrimination and Health-Related Behaviors. *Health Psychology*, 41(5): 319-331.
- Shartle K, Yang YC, Richman LS, Belsky DW, Aiello AE, Harris KM. (2022). Social Relationships, Wealth, and Cardiometabolic Risk: Evidence from a National Longitudinal Study of U.S. Older Adults. *J Aging Health*. 34(6-8):1048-1061.
- Scheier, M. F., Swanson, J. D., Barlow, M. A., Greenhouse, J. B., and Tindle, H. A. (...Richman et al. for the Optimism/Pessimism Meta-Analytic Consortium). (2021). Optimism Versus Pessimism as Predictors of Physical Health: A Comprehensive Reanalysis of Dispositional Optimism Research. *American Psychologist*, 76(3):529-548.
- Bhavsar NA, Li, D., Ramos, M., Richman L. (2020). Impact of Gentrification on Cardiovascular Risk Factors and Outcomes in England: 2004-2018. *Circulation*, 141, Supplement 1.
- Kumar M, Richman L (2020) Challenges and Supports to Aging in Place in a Gentrifying Context. *Innovation in Aging*, Volume 4, Issue Supplement 1, 2020, 873.
- Bhavsar NA, Kumar M, Richman L (2020) Defining gentrification for epidemiologic research: A systematic review. *PLOS One*, 15(5): e0233361.
- Richman, L.S., Pearson, J., Beasley, C., & Stanifer, J. (2019). Addressing health inequalities in diverse, rural communities: An unmet need. *Social Science & Medicine, Population Health*.

- Zucker, A., Weiss, A., & Richman, L.S. (2019). Grab 'em by the Masculinity: Changes in gendered beliefs and sexism following the 2016 US Presidential Election. *Politics, Groups, and Identities*, 7, 737-747.
- Richman, L. S., & Zucker, A. (2019). Quantifying Intersectionality: An Important Advancement for Health Inequality Research. *Social Science & Medicine*, 226, 246-248.
- Richman, L. S., & Stock, M. (2018). Necessary conditions for a life course perspective on discrimination and health. *Social Science & Medicine*, 216, 163-166.
- Linnenbrink-Garcia, L., Perez, T., Barger, M. M., Wormington, S. V., Godin, E., Snyder, K. E., Richman, L. S., & Schwartz-Bloom, R. (2018). Repairing the Leaky Pipeline: A Motivationally Supportive Intervention to Enhance Persistence in Undergraduate Science Pathways. *Contemporary Educational Psychology*, 53, 181-195.
- Stock, M., Gibbons, F., Beekman, J., Williams, K., Richman, L. S., & Gerrard, M. (2018). Racial (vs, self) affirmation as a protective mechanism against the effects of racial exclusion on negative affect and substance use vulnerability among black young adults. *Journal of Behavioral Medicine*, 41, 195-207.
- Martin, M., Richman, L. S., & Leary, M. (2018). A lasting sting: The short and long-term effects of rejection. *Group Processes & Intergroup Relations*, 21, 1101-1124.
- Richman, L. S., Pascoe, E., Lattanner, M. (2018). Interpersonal discrimination and physical health. In Major, B., Dovidio, J., & Link, B. (Eds.) *Oxford Handbook of Discrimination and Health*. New York, NY: Oxford University Press.
- Pascoe, E., Richman, L. S. & Kort, D. (2017). Validation of the Food-Linked Virtual Response task. *Journal of Health Psychology*. 22(1), 111-119.
- Lattanner, M., & Richman, L. S. (2017). Identity concealment and social goals. *Journal of Social Issues*, 73(2), 379-396.
- Jackson, B., Nault, K., Richman, L.S. LaBelle, O., & Rohleder, N. (2017). Does that pose become you? Testing the effect of body postures on self-concept. *Comprehensive Results in Social Psychology*, 2, 81-105.
- Southwell, B. G., Doran, E. M., & Richman, L. S. (Eds.). (2016). *Innovations in home energy use: A sourcebook for behavior change*. Research Triangle Park, NC: RTI Press.
- Richman, L. S., Blodorn, A., Major, B. (2016). An identity-based motivational model of the effects of perceived discrimination on health-related behaviors. *Group Processes and Intergroup Relations*, 19, 415-425.
- Utamsingh, P., Richman, L. S., Martin, J., Lattanner, M., & Chaikand, J. (2016). Heteronormativity and practitioner-patient interaction. *Health Communication*, 31, 566-574.

- Richman, L. S., Martin, J., & Guadagno, J. (2016). Stigmatization and selective attention to signs of acceptance following rejection. *Social Psychological and Personality Science*, 7, 53-60.
- Godin, E., Wormington, S. Perez, T., Barger, M., Snyder, K. E., Richman, L. S., Schwartz-Bloom, R., and Linnenbrink-Garcia, E. (2015). A pharmacology-based enrichment program for undergraduates promotes interest in science. *CBE-Life Sciences Education*, 14, 1 – 12.
- Jackson, B., Richman, L. S., LaBelle, O., Lempereur, M. S., & Twenge, J. M. (2015). Experimental evidence that low social status is most toxic to well-being when internalized. *Self & Identity*. 14, 157-172.
- Richman, L.S. & Hatzenbueller, M. (2014). A multi-level analysis of stigma and health: Implications for research and policy. *Policy Insights from Behavioral and Brain Sciences*, 1, 213-221.
- Southwell, B., Ronneberg, K., Shen, K., Jorgens, E., Hazel, J., Alemu, R., Ross, J., Richman, L.S., & Vermeer, D. (2014). Energy information engagement among the poor: Predicting participation in a free workshop. *Energy Research & Social Science*, 4, 21-22.
- Boynton, M. & Richman, L.S. (2014). An online daily diary study of alcohol use using Amazon's Mechanical Turk. *Drug and Alcohol Review*, 33, 456-461.
- Richman, L. S. & Lattanner, M. (2014). Self-regulatory processes underlying structural stigma and health. *Social Science & Medicine*, 103, 94-100.
- Brown-Iannuzzi, J. L., Adair, K. C., Payne, K. B., Richman, L. S., & Fredrickson, B. L. (2014). Discrimination hurts, but mindfulness can help: Trait mindfulness moderates the relationship between perceived discrimination and depressive symptoms. *Personality and Individual Differences*, 56, 201-205.
- Richman, L. S., Boynton, M. H., Costanzo, P., & Banas, K. (2013). Interactive effects of discrimination and racial identity on alcohol-related thoughts and use. *Basic and Applied Social Psychology*, 35, 396-407.
- Richman, L. S. (2013). The multi-motive model of rejection. In DeWall, N. (Ed.), *Handbook of Social Exclusion* (pp. 43-54). New York: Oxford University Press.
- Jonassaint, C. R., Ashley-Koch, A. Whitfield, K. E., Hoyle, R. H., Richman, L. S., Siegler, I. C., Royal, C. D., & Williams, R. (2012). The serotonin transporter gene polymorphism (5HTTLPR) moderates the effect of adolescent environmental conditions on self-esteem in young adulthood: A structural equation modeling approach. *Biological Psychology*, 91, 111-119.
- Richman, L. S., vanDellen, M. & Wood, W. (2011). How women cope: Being a numerical minority in a male-dominated profession. *Journal of Social Issues*, 67, 492–509.

- Pascoe, E. A., & Richman, L. S. (2011). Effects of discrimination on food decisions. *Self & Identity*, 10, 396-406.
- Stanton, M. V., Jonassaint, C. J., Bartholomew, F. B., Edwards, C., Richman, L., DeCastro, L., & Williams, R. B. (2010). The association of optimism and perceived discrimination with health care utilization in adults with sickle cell disease. *Journal of the National Medical Association*. 102, 1056-63.
- Richman, L. S., Pek, J., Pascoe, E., & Bauer, D. (2010). The effects of perceived discrimination on ambulatory blood pressure and affective responses to interpersonal stress modeled over 24 hours. *Health Psychology*, 29, 403-411.
- Richman, L. S., Kubzansky, L., Maselko, J., Ackerson, L., & Bauer, M. (2009). The relationship between emotional vitality and cardiovascular health. *Psychology & Health*, 24, 919-932.
- Pascoe, E., & Richman, L. S. (2009). Perceived discrimination and health: A meta-analytic review. *Psychological Bulletin*, 135, 531-554.
- Richman, L. S., & Leary, M. (2009). Reactions to discrimination, stigmatization, ostracism, and other forms of interpersonal rejection: A multi-motive model. *Psychological Review*. 116, 365-383.
- Richman, L. S., & Jonassaint, C. (2008). The effects of race-related stress on cortisol reactivity in the laboratory: Implications of the Duke Lacrosse scandal. *Annals of Behavioral Medicine*, 35, 105-110.
- Richman, L. S., Kohn-Wood, L., & Williams, D.R. (2007). The role of discrimination and racial identity for mental health service utilization. *Journal of Social and Clinical Psychology*, 26, 961-981.
- Richman, L. S., Bennett, G., Pek, J., Siegler, I. C., & Williams, R. B. (2007). Discrimination, dispositions, and cardiovascular responses to stress. *Health Psychology*, 26, 675-683.
- Levy, A. G., Maselko, J., Bauer, M., Richman, L. S., & Kubzansky, L. (2007). Why do those with a psychiatric disorder utilize more non-mental health care than those without? *Health Psychology*, 26, 545-553.
- Richman, L. S. (2007). Threatened egotism theory of aggression. In R. F. Baumeister & K. D. Vohs (Eds.), *Encyclopedia of Social Psychology*. Thousand Oaks, CA: Sage Publication.
- Shelton, J.N., & Richman, L. S. (2007). Self-affirmation theory. In the *International Encyclopedia of the Social Sciences* (2nd edition). MacMillan Reference.
- Richman, L. S. (2007). Life events & stress. In the *International Encyclopedia of the Social Sciences* (2nd edition). MacMillan Reference.
- Richman, L. S., Kubzansky, L.D., Maselko, J., Kawachi, I., Choo, P., & Bauer, M. (2005).

Positive emotion and health: Going beyond the negative. *Health Psychology*, 24, 422-429.

(Richman) Smart, L., & Wegner, D. M. (2000). The hidden costs of hidden stigma. In Kleck, R. E., Heatherton, T. F. & Hull, J. G. (Ed). *The Social Psychology of Stigma*. New York: Guilford Press.

(Richman) Smart, L., & Wegner, D. M. (1999). Covering up what can't be seen: Concealable stigma and mental control. *Journal of Personality and Social Psychology*, 77, 474-486.

Wegner, D. M., & (Richman) Smart, L. (1997). Deep cognitive activation: A new approach to the unconscious. *Journal of Consulting and Clinical Psychology*, 65, 984-995.

(Richman) Smart, L., & Wegner, D. M. (1996). Strength of will. *Psychological Inquiry*, 7, 79-83.

Baumeister, R. F., (Richman) Smart, L., & Boden, J. M. (1996). Relation of threatened egotism to violence and aggression: The dark side of high self-esteem. *Psychological Review*, 103, 5-33.

Lester, N., Smart (Richman), L., & Baum, A. (1994). Measuring coping flexibility in the general population. *Psychology & Health*, 9, 409-424.

Works in Progress

Richman, L. S., Benfer, E., Philip, G. & Matthew, D. Advancing Health Equity in a Hostile Environment. (invited paper for Urban Institute, *under revision*)

Richman, L. S., Richman, B. D., Rosenbaum, S. Medicaid After 2029. (Submission to *Health Affairs Forefront*.)

Richman, L.S. & Zucker, A. Gendered Beliefs and the 2024 Presidential Election. (data collection complete, analyses in progress).

Richman, L. S. Expanding Care Through Innovation in Rural Maternal Health Care Delivery. (data collection in progress).

Richman, L. S., & Stock, M. Functions of Affiliation Group Membership in Academia and the Workplace. (analyses in progress).

Invited Research Presentations (Since 2019)

Nonmedical Interventions and The Objectives of Medicaid. Public Health Law Professors conference. Boston, MA, June, 2025.

The Relationship Between Discrimination and Health: What We Know and Where We Go From Here. Diversity and Health lecture series at the Medical School Hamburg, May, 2025.

Gendered Beliefs and Sexism in the 2024 US Presidential Election. International Society of

Political Psychology Annual Meeting, Prague, June, 2025.

Relational Coordination in the Provision of Maternal Healthcare in Two Rural Communities. University of California, Berkeley, November, 2024.

Relational Health: How social networks influences health decisions, behaviors, and outcomes.

- Stanford University Department of Psychology, January 2020
- Center for Advanced Study in the Behavioral Sciences, Stanford, November, 2019
- UC Davis Department of Psychology, November, 2019
- UCSF Center for Health and Community, November, 2019

Gentrification and associated health outcomes in England 2004-2010. IAPHS annual meeting, Seattle, Washington, October, 2019.

Innovations in health behavior research for disadvantaged communities. Edna Saffy distinguished lecture series, University of Florida Center for Women's Studies and Gender Research. February, 2019.

Research Grants

2019 – 2022 Duke/TROSA scholars, *Co-Investigator*

2019 – 2020 The Nicholas Institute Catalyst Program, Catalyzing New Collaborations on Social and Environmental Determinants of Health in Durham, NC. *Principal Investigator*.

2018 – 2019 Duke Clinical and Translational Science Institute Population Health Improvement Award, Co-Development of a Novel Social Marketing Campaign Toward Health Equity. *Principal Investigator*

2018 – 2021 Southern AIDS coalition, GILEAD. HIV-related Stigma Reduction in the US Deep South. *Co-Investigator*

2018 – 2020 Durham Social Determinants of Health, Duke Provost pilot research grant. *Co-Investigator*.

2016 – 2017 Time-Sharing Experiments in the Social Sciences (TESS). National Science Foundation. Draining Social Ties and Financial Decision Making. *Principal Investigator*

2013 – 2014 Arts & Sciences Faculty Research grant. Duke University. *Principal Investigator*

2010 - 2014 National Institute of General Medical Sciences, R01: Self-Generated Research Experiences to Support Biomedical/Behavioral Research Careers. *Co-Investigator*

2009 - 2012 Stigma Saliency and Reaction to Threat. *Principal Investigator*. National Science Foundation (NSF #DGF1106401)

2007 – 2008 National Science Foundation ADVANCE program grant (SBE-05-48323). *Co-Investigator*

2005 – 2011 National Institute of Mental Health, K01: Discrimination and short and long-term risks for depression. (1K01-MH-074942-01). *Principal Investigator*

2005 – 2006 National Institute of Environmental Health Sciences, P30: Examining the effect of health provider race on reductions in home environmental asthma triggers and adherence to asthma medical regimens. *Co-Investigator*

1996 – 1997 Predoctoral National Institute of Mental Health Fellowship, Individual National Research Service Award (NRSA)

Honors and Awards

2019 – 2020 *Fellow*, Center for Advanced Study in the Behavioral Science (CASBS). Stanford University.

2013 *Fellow*, Society for Experimental Social Psychology

2007 – 2008 *Faculty Fellow*, Social Science Research Institute, Duke University.

Courses Taught

Public Health Law; Health Justice; Science, Law, and Policy; Health Inequalities in the US; Race, Class, and Society; Service-learning program: Energy Behavior Among Low-Income Consumers; Stereotyping and Stigma; Psychosocial Determinants of Health; Research Methods; Introduction to Social Psychology, Independent Study (various)

Professional Service

Associate Editor, *Social Science & Medicine*, 2018 – 2021, Editorial board, 2021- present

Associate Editor, *American Psychologist*, 2018- 2021

Editorial Board, *Psychological Bulletin*, 2020 - 2022

Peer Review panel for the National Institute on Minority Health and Health Disparities (NIMHD) 2016 – present

Mental health policy advisor to the WHO 2022 - present

University Committee Service

2019 – 2022 Advisory board member, Duke University Athletic Council

2018 – 2022 Advisory board member, Duke University School of Medicine Inclusion Council

2015 – 2022 Faculty advisory board, Bass Connections Global Alliance on Disability and Healthcare Innovation.

2014 – 2015 Strategic Planning Committee for the Duke Consortium on Social Equity

2008 – 2016 Undergraduate Curriculum Committee, Dept of Psychology & Neuroscience, Duke University

2012 – 2014 Academic Council member

2010

Undergraduate Assessment Committee, Dept of Psychology &
Neuroscience, Duke University

Professional Memberships

Interdisciplinary Association for Population Health Science

Society for the Psychological Study of Social Issues

Harvard Mediation Program